



# Training Schedule Syracuse, NY—2010

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*In need of workplace health & safety training not listed here?  
 Give us a call—our staff of experienced field consultants/trainers will customize a class to suit your operation.*

## Full Service

### Environmental, Health & Safety Consultants

- Resident Safety Professional (RSP®) Program
  - Industrial Hygiene
  - OSHA Expert Litigation Support
- On-Site Safety Programs and Support
- Facility and Construction Site Audits
- Site Remediation Health & Safety Plans
  - Hazard Assessment
  - Accident Investigation
    - Code Rule 59
  - OSHA Recordkeeping Review
    - Risk Management
- Mold/Indoor Air Quality Sampling
  - Safety Training
- NCCER Accredited Assessment Center

**Buffalo-Corporate**  
 3748 South Park Ave.  
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 Fax: 716-821-0232  
 experts@osea.com  
 www.osea.com

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 3532 James St.-Suite 202  
 Syracuse, NY 13206  
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**Southeastern U.S.**  
 6604 East W.T. Harris Blvd.  
 Suite A2  
 Charlotte, NC 28215  
 704-399-7945  
 Fax: 704-399-7946

Classes in this schedule will be held at the OSEA Syracuse facility.  
 For training at the Buffalo, NY or North Carolina locations, please contact us  
 at the local phone or email numbers.

All classes are also available on-site at your facility.

## TRAINING SCHEDULE 2010 — SYRACUSE, NY

### HAZARDOUS WASTE OPERATIONS

<b>8-Hr Hazwoper Refresher</b>	<b>\$125</b>
Per 29CFR 1910.120. Provides re-certification in all topics from 40-Hr or 24-Hr Hazwoper. <i>[8 am—5 pm]</i>	January 29 March 12 May 7 July 16 September 17 November 12
<b>24-Hr Hazwoper</b>	<b>\$325</b>
EPA/OSHA required per 1910.120. Topics include hazardous waste regulations, hazard recognition and evaluation, personal protective equipment, site control and safety plan development <i>[8 am—5 pm]</i>	February 8-10 April 12-14 June 7-9 August 9-11 October 4-6 December 6-8
<b>40-Hr Hazwoper</b>	<b>\$525</b>
EPA/OSHA required per 1910.120. 24-Hr Topics plus confined space, trenching & excavation and HazMat Transportation <i>[8 am—5 pm]</i>	February 8-12 April 12-16 June 7-11 August 9-13 October 4-8 December 6-10

### OSHA CERTIFICATION

<b>10-Hr OSHA Construction Safety</b>	<b>\$175</b>
Per 29CFR 1926.21. Compliance safety training to prepare employees for the hazards found on contractor job sites. <i>[7:00 am—6 pm]</i>	March 26 May 21 July 30
<b>10-Hr OSHA General Industry Safety</b>	<b>\$175</b>
Per 29CFR 1910. Prepare employees for hazards in an industrial/mfg. setting. <i>[7:00 am—6 pm]</i>	April 30 Sept. 27

### NATIONAL FIRE PROTECTION AGENCY (NFPA)

<b>NFPA 70E (8 hr)</b>	<b>\$295</b>
Skills to help recognize, evaluate, and control electrical hazards. NFPA 70E regulation, implementation options and resource commitments reviewed. <i>[8 am—5 pm]</i>	Feb. 26 June 25 Nov. 8

### DEPT. OF TRANSPORTATION (DOT)

<b>Hazmat Transportation (8 hr)</b>	<b>\$175</b>
The specific DOT regulations fall under 49CFR Parts 171-177 and deal with not only DOT regulations but also information and rules as presented by the Pipeline & Hazardous Materials Safety Administration (PHMSA). <i>[8 am—5 pm]</i>	February 12 April 16 June 11 August 13 October 8 December 10
<b>Work Zone Safety/Flagging (4 hr)</b>	<b>\$150</b>
Safety requirements specific to NY State Dept. of Transp. including work zone set up, maintaining of protective gear and equipment, as well as flagger safety training pursuant to OSHA 1926.201(a). <i>[8 am—3 pm]</i>	March 15 May 10 August 27

### SAFETY TRAINING

<b>Confined Space Entrant &amp; Attendant (4 hr)</b>	<b>\$145</b>
Per 1910.146, OSHA certification course for safe confined space entry. <i>[1—5 pm]</i>	Feb. 11 Aug. 12 April 15 Oct. 7 June 10 Dec. 9
<b>Fall Protection (4 hr)</b>	<b>\$145</b>
Per 1926.500-503. Covers all aspects of fall protection regulations. OSHA requires a Competent Person on site for all work above 6 feet, residential and commercial. <i>[8 am—noon]</i>	April 9 July 19
<b>OSHA Recordkeeping (4 hr)</b>	<b>\$145</b>
Focus on requirements used to track and record workplace injuries and illnesses. Regulations, responsibilities, data collection, and accurate completion of forms. <i>[8 am—noon]</i>	April 5 Nov. 15
<b>Scaffold Competent Person (8 hr)</b>	<b>\$175</b>
Per 29CFR 1926.451— Scaffolds shall be erected, moved, dismantled or altered only under the supervision of a trained competent person. <i>[8 am—5 pm]</i>	June 28 September 13
<b>Trenching &amp; Excavation Competent Person (4 hr)</b>	<b>\$145</b>
Per 29CFR 1926.650. Fulfills training requirement for a competent person in charge and evaluating excavation or trenching 5 ft. or more in depth. <i>[8 am—noon]</i>	Feb. 11 Aug. 12 April 15 Oct. 7 June 10 Dec. 9

<b>Bloodborne Pathogens/Pandemics in The Workplace</b>	<b>\$145</b>
Workplace guidance for managers, and review of sample company plans. <i>[8 am—noon]</i>	March 8 October 29




**TRAINING RESERVATION FORM**

**OSEA 2010 TRAINING**

**Class Location: 3532 James St. Suite 202, Syracuse NY 13206**

**PAYMENT/CANCELLATION:** Tuition pre-payment is required. VISA, MasterCard, American Express, company check or Purchase Order accepted. Register 5 or more for one scheduled class and receive a 10% group discount. If you cannot attend, you may send a substitute or receive a credit memo toward a future class. If you cancel your registration up to 3 business days before the training, your registration fee will be refunded less a \$10 enrollment charge. OSEA will notify students of class cancellation due to low registration a week before the scheduled date.

**PLEASE RETURN COMPLETED FORM BY FAX TO 315-431-4906**  
Or by mail to 3748 S. Park Ave, Buffalo NY 14219-1802 or register on line at [www.osea.com](http://www.osea.com)  
We will confirm with you via email or fax

Company Name	
Address	
Contact Name	email
Phone	Fax
Class Title/Date	Student Name(s)
<input type="checkbox"/> Check enclosed <input type="checkbox"/> Bill Company <input type="checkbox"/> Purchase Order # _____	
<input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/> 	
Card Number	Expiration Date
Name on card	Signature

**Have a group of employees that need training?**  
Call us for information regarding on-site training or visit us on the web at [www.osea.com](http://www.osea.com)

## TRAINING AVAILABLE BY OSEA, INC.

8-Hr Hazwoper Refresher  
8-Hr Hazwoper Supervisor  
24/40 Hr Hazwoper  
10-Hr OSHA Construction  
30-Hr OSHA Construction  
10-Hr OSHA General Industry  
30-Hr OSHA General Industry  
Accident Investigation  
Aerial Lift  
Asbestos Awareness  
Asbestos, Lead, Silica  
Automated External Defibrillator  
Back Injury Prevention  
Biohazards  
Bloodborne Pathogens  
CAOHC Certification  
CAOHC Re-certification  
Chemical Hazards  
Chemical Hygiene Plan  
Compressed Gas  
Concrete Boring Safety  
Confined Space E&A  
Conf Space Supervisor  
Confined Space Rescue  
Construction Safety  
Crane Safety  
Demolition Safety  
Drug & Alcohol Awareness  
Electric Arc Blast/NFPA 70E

Emergency Evacuation  
Emergency Response Team  
Ergonomics  
Eye Safety  
Fall Protection  
Fire Extinguisher  
Fire Prevention  
First Aid/CPR/AED  
First Responder  
Flammable Gas & Liquid  
Grinders/Abrasive Wheels  
Handling OSHA Inspections  
Heat/Cold Stress  
Hazard Analysis  
Hazard Communication  
Hearing Conservation  
Heavy Equipment  
Histoplasmosis  
Hazardous Materials Transportation (DOT)  
Hoisting & Rigging  
Indoor Air Quality  
Industrial Hygiene Basics  
Job Stress  
Laboratory Safety  
Ladder Safety  
Lead Safety  
Line Breaking  
Lockout/Tagout

MSHA  
Machine Guarding  
Materials Handling  
Office Safety  
OSHA Recordkeeping  
Pipeline Operator Quals  
Powered Industrial Truck  
Process Safety Mgmt.  
Radiation Safety  
Repetitive Stress  
Respiratory Protection  
Respiratory Fit Test  
Safety Committee  
Safety Inspections  
Scaffolding-Comp Person  
Scaffolding-User  
Sexual Harassment  
Silica Awareness  
Snowplow Safety  
Supervisor Hazard ID  
Telecommunication Safety  
Tools - Hand & Power  
Tree Trimming/Chain Saw  
Trenching & Excavation  
Walking/Working Surfaces  
Welding-Cutting/Hotwork  
Workers Comp  
Workplace Violence  
Work Zone

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**OSEA**

*The Workplace Experts*

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